

# HAVING A SAFE THANKSGIVING

During the COVID-19 Pandemic

**With the holidays just around the corner, we understand how special it is to gather with friends and family. The safest way to celebrate this year is with the people who live within your household.**

If you plan to gather with people outside of your household, keep it to only 2 other households, and take steps to make it as safe as possible.

- ❖ Wear a mask
- ❖ Wash and sanitize hands
- ❖ Gather outdoors
- ❖ Social distance at 6 feet apart
- ❖ Disinfect common areas often
- ❖ Do not share utensils
- ❖ Open windows if indoors
- ❖ Keep your visit short
- ❖ Stay home if you are sick

**IMPORTANT:** People at higher risk such as older adults and people with medical conditions, are strongly urged not to attend any gatherings, especially indoors.

## Lower Risk Activities

**Enjoy these activities** to help prevent the spread of COVID-19.

- Have a holiday gathering with only the people who live in your household
- Dine in an outdoor area while social distancing
- Have a virtual dinner with family and friends
- Share recipes
- Watch holiday parades, movies, and sports from home

## Higher Risk Activities

**Avoid these activities** to help prevent the spread of COVID-19.

- Large indoor gatherings with people from outside of your household
- Shopping in crowded stores
- Parades or sporting events
- Traveling out of town
- Hosting guests at your home
- Shouting and singing in indoor spaces